

# *Learn to think like a pro...*

Do you ever wonder what goes through the mind of a pro as they play in the intense competition of the PGA tour? How do they plan their shots? What thoughts do they focus on when they swing? How do they manage to stay calm under pressure?

*"Middle handicappers throw so many shots away, they could be single-digit players if they'd just get rid of 18 common amateur mistakes."*

Famed sports psychologist Dr. Bob Rotella

## "ON THE GOLF COURSE - STRATEGY SESSION"

### **In nine holes, you will learn:**

- How to play to the best of *your potential*
- Playing the best percentage shots – *for your game*
- Body and club awareness versus mechanical swing thoughts
- How to improve and maintain your mental focus – Managing your "self"
- How to avoid 18 costly mistakes that most amateurs frequently make
- Secrets of reading greens
- How to develop a plan for practice and improvement

*"The strategy session on the golf course allows a professional to gain a clear understanding of the obstacles that inhibit a player from improving. Often, golfers perform better on the range than on the course. This difference is often due to mental barriers that a golfer can develop subconsciously. Subtle changes to the way a player thinks about themselves and their game can advance their play tremendously."*

Sean Arey, Head Golf Pro, Trysting Tree Golf Club

**“ON THE GOLF COURSE - STRATEGY SESSION”**

Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ OR \_\_\_\_\_ ZIP \_\_\_\_\_ Email \_\_\_\_\_

Phone (Home) \_\_\_\_\_ (Work) \_\_\_\_\_ Handicap / Average score \_\_\_\_\_

Method of Payment: \$45 Members  CASH  CHECK  CC: \_\_\_\_\_ EXP: \_\_\_\_\_  
\$95 Non-members (includes 9 hole green fees & cart)

Clinic registered for:  Aug.  Aug.

**My greatest game challenge is:**

- |  |  |
|--|--|
| <input type="checkbox"/> Not trusting my swing | <input type="checkbox"/> Inconsistency               |
| <input type="checkbox"/> Lack of confidence    | <input type="checkbox"/> Occasionally miss-hit shots |

Call Trysting Tree Golf Club 541-752-3332 or fax 541-754-3550 or [thetree@peak.org](mailto:thetree@peak.org) to reserve your place

Send registration form to: Trysting Tree Golf Club, 34028 NE Electric Rd, Corvallis, OR 97333  
Clinic limited to first 15 paid registrants. Pre-registration required.